

This workforce solution is funded by a grant from the U.S. Department of Labor's Employment and Training Administration.

## CAPTain's Update

### Professional Enrichment



According to Gallup, "Performance development enables, inspires, and improves performance. Improvement requires clear expectations and frequent coaching. We must teach team leaders to empower and coach."

Dee Harrell, Kathy McGauvran, and I had the opportunity last week to receive valuable professional development at Gallup during our two day High Performance Team Leader course. Here at CAPS we work with our students to prepare them for leadership both during their formal schooling and for when they enter their chosen career fields.

Gallup's well documented and presented tools for helping our CAPS students prepare to lead and be led "by focusing on strengths and managing weaknesses" are an exciting addition to the CAPS Program. Our students will not only know their strengths but also begin to understand how to leverage them to be high performance team leaders.

~Dawn Nizzi, Program Director

### Upcoming Dates

- April 17-30 — **Eat at 11 Worth Cafe Fundraiser, Project Purple**
- April 18 — Club CAPS
- April 19 — Health Screenings, Hillside
- April 20 — Health Screenings, Swanson
- April 20 — STEM I&2, site visit **Acieta**
- April 23 — **Giggling Canvas Fundraiser @ CAPS Garage, Project Purple**
- April 24 — CAPS/ACE Mentorship @ CAPS Garage
- April 24 — **Eat at Goldbergs Fundraiser, Project Purple**
- April 25 — Club CAPS
- April 25 — National DECA Competition
- April 26 — National DECA Competition
- April 26 — Health Screenings, Paddock and Loveland
- April 28 — Club CAPS

• Did you know that Westside students have Dual Enrollment & Certification opportunities at UNO, MCC & NMC?  
• Click a link for more information



## Congratulations!



Congratulations to the Cross Family on the birth of their baby girl. Cecilia Jean made her debut on 4/14/17, 7 lbs. 5 oz. So precious!

Congratulations to **Taylor S.** for her accomplishments at the **FBLA State Leadership Conference!!**  
**7th Place, Public Speaking II**  
**7th Place, Team, Banking and Financial Systems**  
**Honorable Mention, Healthcare Administration**

[Nebraska FBLA](#)

## Student Spotlight



CAPS Seniors Spencer, Grace, and Jacob are currently involved in two professional projects, The Oakdale Media Desk and The CAPS/ACE Project. Both projects provide the students with tangible professional experiences that separate them from their peers on college and professional applications. Although their schedules are full and hectic, they are working hard pursuing their career interests and gaining valuable professional experience. Keep up the great work!

Please visit the new Westside CAPS website!!

[westsidecaps.yourcapsnetwork.org](http://westsidecaps.yourcapsnetwork.org)

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### All CAPS



CAPS students Aya, Dorothy, Miya, Shaheen, Bodie and Yousef, CAPS Staff, WCS Board Member Beth Morrisette, and WHS Principal Jay Opperman had the opportunity to attend the 100 Black Men Gala event on April 7, 2017. This experience is a unique community event that celebrates the positive role models, professional achievements, and the professional development and networking that the 100 Black Men Organization

[100 Black Men Gala Gallery](#)

### All CAPS



[Doug Krenzer  
Gallery](#)



WCS Board Member, Doug Krenzer, stopped in to the CAPS Garage for a tour and a round table discussion with CAPS Students. The students appreciated the time Doug took to speak with them about CAPS and his desire to hear about their unique hands-on CAPS experiences

### CAPS/ACE Mentorship



CAPS/ACE Members continue their work on the design competition for the ACE Mentorship Program. The ACE Program wraps up with a celebration of student work on May 11, 2017

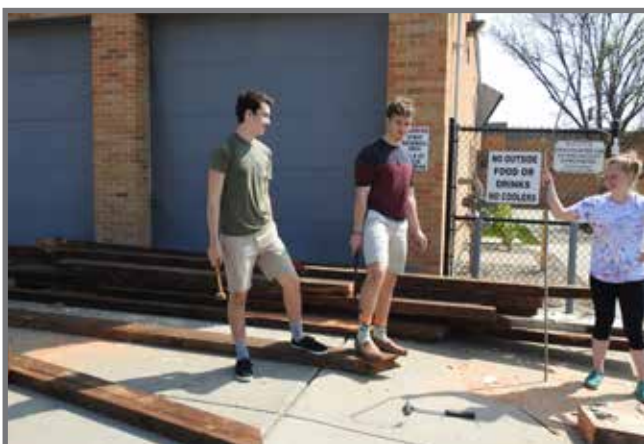
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## Oakdale Project



[Oakdale Tour Gallery](#)

CAPS STEM students Spencer, Grace, Jacob, and Wyatt toured the new Oakdale School on Friday April 7. We were led by Vanessa Schutte, Principal Architect and Amy Riley, Architect both with the DLR Group. We were able to explore new technologies designed to improve safety and education in the school. We also posed at the location of the new CAPS inspired media table, in production through the CAPS program, as we speak



In the middle of spring break, CAPS STEM students spent nearly half a day finishing the preparation of the reclaimed timbers for the Oakdale Media Desk. The next step is shipping the wood to the Big Red Sawmill in Palmyra, NE for final milling. Working drawings are in preparation and final construction will begin when these activities are completed

[Final Denailng Gallery](#)

## Project Purple Fundraiser

### FUNDRAISING EVENTS:

#### Painting with The Giggling Canvas

What: Step-by-step painting class

When: **APRIL 23, 2017**

Time: **2 PM**

Where: **CAPS Garage, 3504 S. 108th Street**

Cost: **\$30/person** (50% goes to Project Purple)

**Please RSVP here** by Saturday, April 22, 2017

or copy this link <https://goo.gl/bX8GEG>



**Eat at I I-Worth Cafe, 2419 Leavenworth St., any time between April 17 through April 30, 2017. Just mention Team CAPS to have a portion of the sales donated to Project Purple**

**Please join us for lunch, dinner or a snack at Goldbergs Bar and Grill located at 2936 S 132nd St on Monday April 24th, a portion of the ENTIRE DAY's sales will be donated to Project Purple, and there will be donation jars located throughout Goldbergs.**

**I look forward to seeing you there!**

**Hannah S. and Autumn C., Westside CAPS Seniors/Team CAPS**

Team CAPS Supports Project Purple

Team CAPS fosters the spirit of teamwork and the importance of giving back - both for our communities and our own souls. This year, we have participated as a group in the Corporate Cup Run and the Monster Mash Run as well as volunteered at the Food Bank for the Heartland. Our big cause right now is to help fundraise for [Project Purple's](#) efforts to eradicate pancreatic cancer. We have all been touched by cancer in some way, either personally or through our loved ones. Many in our community have lost loved ones to pancreatic cancer in particular.

Team CAPS members will be participating in the Lincoln Marathon on May 7th in support of Project Purple. **It is our goal to raise at least \$5,000 by April 30th, 2017** for the cause.

Please help support **Team CAPS** and donate today.

Thank you so much for your time and consideration!

Love,

**Team CAPS**

#### **DONATE HERE**

or copy this link <https://www.crowdrise.com/40th-annual-lincoln-marathon/fundraiser/teamCAPS>